### GLOSSARY

Dakshin: In Indian Language (Hindi) Means South.

Saffron: Comes from saffron stigma of crocus sativus plant. It provides aroma & flavor to food, it's expensive than gold.

Garam Masala: Combination of different spices usually 5 or more spices, (cinnamon, cardamom, nutmeg, bay leaf cumin, coriander).

Halal: Meat that has been slaughtered in the manner prescribed by the sharia (muslim dietary law)

Lychee: Chinese fruit having a thin brittle shell enclosing a sweet jelly like pulp and a single seed.

Plantain: Raw Bananas

Chat: In hindi is a plate of savory snacks, it derives from "chatna" (to taste), little spicy and sweet

Kadai: It's a utensil to cook special indian delicacies.

It's spinach & mustard leaves curry based dish eaten with missi roti (chickpea flour bread)

Jalfrezi: Is the method of cooking means "hot fry" or "stir fry'."

Paneer: Indian home made cheese made with whole milk & no salt

Makhani: Food enriched with butter & has tomato sauce as base.

Chettinad: Land of chettiyars, community that lived in tamil nadu, chettinad dishes are known for their complex use of spices and secretly guarded recipes.

Vindaloo: Portuguese dish means cooked with vinegar & garlic typically do not have potatoes (aloo) it also means very very hot (hot chillis). In the U. S. A., vindaloo dishes have potatoes.

Naan: Indian bread cooked in clay oven with refined flour.

Gosht: Means any kind of red meat generally lamb or goat

North Indian food: age-old culinary secrets come alive in delightful preparations, each adding their own distinctive

Taste truly revolutionary concepts in indian cuisine. Exotic preparation, marinated to perfection and grilled succulence, await you at Apna Kitchen. Take your pick from variety of kebabs, biriyanis, dais chutneys and watch as our master chefs work their magic at the tandoor.

South Indian Food: South indian refers to the cuisines of the southern states of india. Andhra pradesh, karnatka, kerala and tamil nadu. Similarites include the presence of rice as a staple food, the use of lentils mild spices, dried red chillies, fresh green chillies, coconut and native fruits and vegetables.

Mughlai Food: Back in the 14th century, the moghuls invaded the indian subcontinent; known as the land of millets honey, and other rich treasures. In return they left behind a trail of destruction as well as the kebab. Though the kebab was at first only barbequed meat sprinkled with salt, soon it caught the fancy of indian chefs who spent many years perfecting it to a sublime art.

Indo Chinese Food: Is the adaptation of "chinese seasoning" and "cooking techniques"

Vegan: Food without the use of animal products like milk or milk based condiments.

Curry Leaves: The leaves of the plant mirraga "koenigii" with a flavor reminiscent of curry powder these leaves are almost a staple ingredient in south indian cooking

Ghee: Clarified butter

Tamarind: Also know as indian date the fruit of a large tree native to india with a sweet & sour taste

15% Gratuity added for parties of 6 or more.



Apna Kitchen

Indian Restaurant



Welcome Swaagat Swagatam

Shagatom Yaa sahib Khush amaadiid

Nalvatavu Enna vishayam Ji ayan nun Yeyachi Ao padharo Banni



# Apna Kitchen

812-376-7000



Lunch Buffet: 11:30- 2:30 Mon-Fri 12:00- 3:00 Sat-Sun

Northern Indian, Southern Indian, Indo Chinese, and Chat

### **Soups**

RASAM  Traditional spicy south Indian soup flavored with black peppers and spices	
SOMBAR	\$ 3.95
Mulligatawny soup.  National soup of India with lentils and spices	\$ 3.95
Attu Kaal Soup(paya soup) Healthy soup prepared with goat leg and spices	.\$ 4.95
Lentil soup.  Lentil cooked on slow flame and flavored with fresh herbs	\$ 3.95
Apna Kitchen Soup	.\$ 3.95
Tomato Soup	\$ 3.95

### **Appetizers Northern**

Vegan Samosa Veg Potatoes and fine herbs in stuffed pastry	\$3.95
Vegan Veg Pakora.  Deep fried chickpeas, flour-coated potatoes, onions, and cauliflower	\$3.95
Vegan Kurkure Pakora  Spinach and onion deep fried crispies	\$3.95
Meat Samosa.  Spiced turnover stuffed with minced lamb and spices	\$4.95
Chicken Pakora Tender pieces of chicken deep fried with chickpea batter and spices	\$4.95
Paneer Pakora.  Fresh homemade cheese dipped in chickpea flour and lightly spiced	\$4.95
Apna Vegetarian Platter	\$6.95
Apna Non Veg. Platter Malai, Achari, Haryali Kababs, Chicken Tikki, and Tandori Chicken	\$7.95
Chicken Tikka  Succulent cubes of boneless white chicken marinated in yogurt and mild sproasted in a clay oven	
Tandoori Wings	

### Combo Specials

Apna Kitchen Special	\$14.95
Rasam, medhu vada, sambhar, Avial, poriyal, kozhamb	u, yogurt, papad, pickle, rice,
dessert	
Chef Special Thali	\$17.95
1 chicken, 1 lamb curry, dal, spinach, mixed vegetables	s, yogurt, tandori papad, d <mark>essert</mark>

Chennai Platter.....\$9.95 Masala dosa, idlly, medhuvada, sambhar, dal vada, chutney

### **Indo Chinese Soups**

Sweet Corn Veg. Soup	\$3.95
Sweet Corn Chicken Soup	\$4.95
Hot & Sour Soup	\$3.99
Curry Flavor Corn Veg. Soup	\$3.95
Mix Vegetable Soup	\$3.95



### **Appetizers Southern**

<u> </u>	
Vaz Hakkai Bhajji	\$4.95
Mirchi Bhajji	\$4.95
Aloo Bonda	\$4.95
Dahi Vada Lentil Doughnuts in yogurt	\$4.95
Medhu Vada  Spiced lentil doughnuts served with sambhar and chutneys	\$4.95
Rasam Vada	\$4.95
Sambhar Vada.  Lentil doughnuts dipped in sambhar and flavored with ghee	\$4.95
Masala Fried Fish	\$6.45
Chicken 65	
Apna Chicken	\$6.95
Iddly	\$4.95
Vegetable Cutlets	\$4.95

### Apna Kitchen Specials Briyani

(All entrees served with rice)

Chicken Briyani Chicken pieces in creamy, spicy blend of ginger garlic, onions, and fresh bined with saffron flavored basmati rice	
Veg Briyani Seasoned vegetables blend with basmati rice and spices	\$10.95
Lamb BriyaniLamb meat cooked with onion, ginger, garlic and Indian finest fresh her with basmati rice	
Goat Briyani  Simmer tender morsels of goat meat cooked in spicy tomato, onion grav bined with saffron basmati rice	
Egg Briyani	
Shrimp Briyani	\$15.95
Kashmiri Pulav Basamati Rice with fruits and nuts flavored with saffron	\$12.95

Noodles	
(All entrees served with rice)	
A	
Hakka Noodles Veg	\$6.95
Hakka Noodles Chicken	\$7.95
Apna Masala Noodles Veg	\$7.95
Chow Mein Veg	.\$6.95
Chow Mein Chicken	\$7.95
Singapore Noodles Veg	\$6.95
Singapore Chicken Soft chicken noodles tossed with sweet and spicy sauce	\$7.95



### **Salads**

Beet Root Salad	\$3.95
Garden Salad	\$3.95
India Salad Onions, tomatoes, cucumber, lemon and green chillies	\$3.95
Apna Chicken Salad Fresh marinated chicken on bed of cabbage with mint chutney	\$5.95



"If you don't see your favorite ask your server & our Chef's will take pride to create a Masterpiece for you!"

<u>Lamb/Goat</u> (All entrees served with rice)

Lamb Curry. \$15.95 Fresh cubes of lamb in a thick sauce of onion, tomato, garlic, ginger, herbs and spices
Lamb Kadai
Sukha Lamb. \$15.95 Fresh cubes of lamb in a thick sauce of onion, tomato, garlic, ginger, herbs and spices
Sukha Goat
Lamb Rogan Josh. \$15.95 Tender lamb cooked in clarified butter, browned onions, fresh ginger, a touch of garlic, and simmered in spices and yogurt
Lamb Vindaloo. \$15.95 Lamb marinated in vinegar and spices, cooked with potatoes in a hot tangy sauce
Lamb Korma
Lamb Gosht
Lamb Saag
Hyderabadu Goat/Lamb
Goat/Lamb Chettinad
Goat/Lamb Pepper Masala\$15.95 Goat/Lamb cooked with crushed black pepper curry sauce
Chicken (All entrees served with rice)
Chicken Curry
Chicken Tikka Masola
Chicken Kadai
Chicken Vindaloo\$12.95
Boneless chicken with potatoes in a hot tangy sauce
Butter Chicken
Butter Chicken\$12.95
Butter Chicken
Butter Chicken \$12.95 Chicken tandoori cooked in a creamy tomato sauce  Chicken Korma \$12.95 Cooked with delicate spices, herbs, nuts, and raisins in a mild cream sauce  Chicken Saag \$12.95
Butter Chicken \$12.95 Chicken tandoori cooked in a creamy tomato sauce  Chicken Korma \$12.95 Cooked with delicate spices, herbs, nuts, and raisins in a mild cream sauce  Chicken Saag \$12.95 Chicken cooked with spinach and sautéed in butter with fresh spices
Butter Chicken
Butter Chicken
Butter Chicken
Butter Chicken

### **Desserts**

Banana Fry	\$4.95
Bananas marinated in honey and cinnamon deep fried and garnished v	
seeds	
Vermicelli Payasam	\$4.95
Very thin strands of pasta cooked in milk and nuts	
Date pancakes	\$5.95



Seafood (All entrees served with rice)

Kerela Fish CurryCatfish cooked with coconut flavored curry sauce	\$15.95
Fish Vindaloo Catfish cubes cooked with potatoes in a hot tangy sauce	\$15.95
Fish Curry.	\$15.95
King Fish Steak.  King fish steak marinated with spice and shallow fried and served with fi	
Madras Fish Curry Catfish cubes cooked in a tamarind based coconut gravy	\$15.95
Chepala Palusa	\$15.95
Goan Prawn Curry.  Tiger shrimps cooked in a tangy curry sauce	.\$15.95

iger shrimps cooked in a tangy curry sauce	
<u>Desserts</u>	
Khoya Kheer	.\$3.95
Kesari Rasmalou Cottage cheese dumplings poached in saffron flavored reduced migarnished with pistachios	
Gulab Jammun.  Deep fried cheese and milk balls soaked in syrup sugar, flavored v mon	
Faloda Kulfi.  Thin rasmalai, rose syrup, and very thin vermicelli served with Incream	
Fruit Custard	.\$3.95

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### **Appetizers**

Indo	Chinese

Veg. Spring Roll	\$6.95
Chili Cauliflower Crispy fried cauliflower with onions, peppers, and spices	\$6.95
Gobi Manchurian Batter fried cauliflower tossed with tangy sauce	\$6.95
Chili Mushroom.  Crispy fried mushroom with onions, peppers, and spices	\$6.95
Chili Chicken (Dry)	\$7.95
Chili Manchurian (Dry)	\$7.95
Baby Corn Pepper Salt	\$6.95
Golden Fried Prawn	\$8.95
Crispy Fried Vegetable	
Paneer Chili (Dry) Cottage cheese tossed with onions, peppers, and spices	\$6.95

### **Chat**

Dahipuri A savory snack, puffed shell filled with potatoes, mint, tamarind, and sweet garnished with thin sev and chopped cilantro		
Panipuri		
Bhelpuri		
Samosa Chole Stuffed potato triangles served with chickpea stew and garnished with a varichutneys		
Fresh Seasonal Fruit Chat.	.\$5.95	
Aloo Tikki Chat Potatoes and fresh herbs served with chickpea stew	\$5.95	
Sev Batata Puri	\$5.95	



### Rice

Puliogare Anna	\$6.95
ChitrannaLemon rice	\$6.95
Bisi bele bhath Spiced sambhar and rice	\$6.95
Tomato Rice	\$6.95
Thenghai Anna.  Coconut rice with tomato chutney	\$6.95
Mosaranna.  Cold yogurt rice served with mango pickle	\$7.95
Vegetable Pulao	\$7.95



# Vegan Entree (All entrees served with rice)

Chana Masala  Delicious chickpeas in an exotic blend of north Indian spices	\$10.95
Aloo Gobhi. Cauliflower and potatoes tossed with Indian herbs and spices	\$10.95
Baigan Bhartha Charcoal roasted eggplant, tempered with Indian spices	\$10.95
Dal Tadke Wali	\$10.95
Bhindi Malsala Fresh Okra cooked with chopped onion spices	\$10.95
Aloo Jeera Kalimir Crushed black pepper and cumin sautéed potato	\$10.95
Rajmah Masala	\$10.95
Vegetable Chettinad	\$10.95
Vegetable Hyderabadi	\$10.95
Mirchi Ka Salan	\$10.95
Bombay Aloo.	\$10.95
Chennai Aloo.	\$10.95
Vegetable Curry	\$10.95

Vegetarian (All entrees served with rice)
Palak Paneer\$10.95
Mattar Paneer
Malai Kofta
Navratan Korma
Paneer Makhani \$10.95 Fresh homemade cheese cooked with creamy tomato sauce
Dal Makhani
Shahi Panner
Sarson Ka Saag. \$10.95 Mustard greens and spinach cooked with ginger and spices
Kadai Paneer
Metha Malai Matter\$10.95
Lahori Masala Paneer
Sukhi Sabzi
Haryali Bhurji
Vegetable Korma\$10.95
Paneer Tikka Masala\$10.95
Bagara Baigan. \$10.95 Stuffed baby eggplant cooked in thick tomato sauce
Vendai Puzhikozhambu\$10.95 Okra sautéed in garlic and cooked in tamarind and yogurt based gravy
Guthi Van Kaya\$10.95 Small egg plant cooked with peanuts, red chillies, and onion, tomato based gravy
Egg Curry\$10.95 Boiled eggs cooked with fresh grounded spices and tomato, onion curry
Beverages
Mango Milkshake\$2.95
Lassi\$2.95
Mango Lassi \$2.95
Mango Juices\$1.95
Soft Drinks
Coke, Diet Coke, Sprite, Lemon\$1.50
Iced Tea\$1.50
Black Tea or Coffee \$1.50
Masala Tea \$1.95
Fresh Coconut Water \$3.95

### <u>Sides</u>

Rice bowl	
Sambhar	\$2.95
Rita	\$2.45
Papad	\$1.95
House salad.	\$2.95
Pickel	\$1.95



### **Breads**

Naan	\$1.95
Aloo Naan Naan bread stuffed with potatoes and spices	\$2.95
Butter Naan Naan with butter	\$2.95
Garlic Naan Naan bread stuffed with fresh garlic and herbs	.\$2.95
Spinach Naan Naan bread stuffed with spinach	\$2.95
Chili Naan Naan bread with red chillies	.\$2.95
Peshwari Naan.	
Keema Naan Naan bread with ground lamb and spices	
Tandoon Rori.	
Chapti Tava Rori	\$2.95
Poori	\$2.95
Aloo Paratha	.\$2.95
Kulcha (onion, paneer, potato)	.\$3.95
Ginger & Mint Naan	\$2.95

Dosai
Thin rice and lentil crepe
(served with sambhar and chutney)

Sadai Dosai Thin rice and lentil crepe	\$5.95
Masala Dosai.  Thin rice and lentil crepe stuffed with spicy potatoes and onions	\$6.95
Butter Dosai Thin rice and lentil crepe flavored with butter	\$6.95
Butter Masala Dosai	\$7.95
Paper Masala Dosai	\$8.95
Mysore Masala Dosai. Spicy rice and lentil crepe	\$8.95
Spring Dosai	\$8.95
Paneer Dosai  Thin rice and lentil crepe filled with homemade cheese	\$8.95
Special Rava Dosai	\$8.95
Onion Rava Dosai	\$8.95

# Oothappams (Rice and lentil pancake)

Kal Dosai.	\$5.95
Paneer Oothappam.  Thick rice and lentil pancake topped with homemade cheese	\$7.95
Tomato and Chili Oothappam.  Thick rice and lentil pancake topped with tomatoes and chillies	\$7.95
Mix Vegetable Oothappam.  Thick rice and lentil pancake topped with mix vegetables	\$7.95
Onion & Hot Chili Oothappam Thick rice and lentil pancake topped with onion and Thai peppers	\$7.95
Eruli Oothappam.  Thick rice and lentil pancake topped with red chili and onion	\$7.95
Masala Oothappam	\$7.95



### Tandoor Specialties

Tandoori Chicken		
Tandoori Chicken Full.	.\$12.95	
Chicken Tikka.  Boneless chicken breast marinated in yogurt and spices, baked on skewers	.\$13.95	
Malai/Achari Kabab Chicken cubes marinated in special spices, yogurt, cooked in clay oven	.\$13.95	
Tandoori Pomfret	\$13.95	
Apna Kastoori Kebah.  Minced chicken with spices cooked on skewers	.\$13.95	
Apna Peshawari Kebah  Minced lamb with spices cooked on skewers	.\$13.95	

Amrit Sari Fish Tikka Catfish marinated in gram flour, spices, and cooked in a clay of	
Tandoori Aloo	\$10.95
Paneer Tikka  Homemade cheese marinated in spices and ground chillies	\$10.95
Tandoori Gobhi	\$10.95
Vegetarian Seekh Kabab	\$10.95
Apna Tandoori Wings	\$13.95
Tandoori Prawns  Fresh prawns marinated in lemon juice and spices	\$13.95

